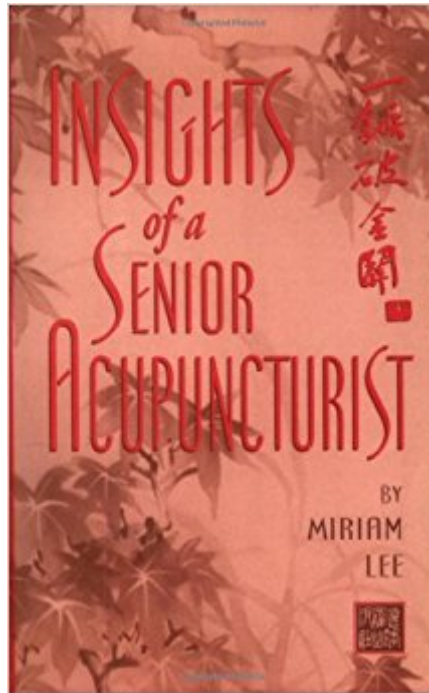


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# Insights Of A Senior Acupuncturist



## Synopsis

This book details the ingenious use of only five major acupuncture points to effectively treat a wide variety of ills. Written by one of the most experienced and well-known acupuncturists in California, this book is a must read for students and practitioners alike. It is written in a deceptively simple, unpretentious style characteristic of its author, but readers should not be deceived. The theory it contains is profound, stemming from the Four Great Masters of the Jin-Yuan dynasties.

## Book Information

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## Customer Reviews

"Dr. Lee advances this bilateral combination of 10 points as a valuable tool for the less experienced acupuncturist. They served her well during those years when she had no time for diagnosis beyond recognizing a patient 'whose middle burner has been attacked.' Dr. Lee details how these points can be used to treat specific illnesses. Beyond the technical information, itself immensely valuable, this volume is rich with a sense of wisdom that Dr. Lee has come to through her many years of practice. It is a worthwhile addition to a serious acupuncturist's library." -- Gateways, p. 11  
As the subtitle of her book state, "one combination of points can treat many diseases." Dr Lee found the theoretical basis for this combination in the Nei Jing. "When the stomach and spleen, the central jiao, are attached by emotion, pure qi cannot ascend to the brain, and the evil qi, the waster, cannot descent," she explains. To facilitate the free flowing of qi in the central jiao, to benefit the liver as well as the kidneys and spleen, to force the evil qi to go down, and to improve brain function, Dr. Lee chooses a bilateral combination of 10 points. It is a valuable tool for any acupuncturist and Dr.

Lee details how these points can be used to treat specific illnesses. Beyond the technical information, itself immensely valuable, the volume is rich with the wisdom that Dr. Lee has come to through her many years of practice. It is a worthwhile addition to any serious acupuncturist's library.  
Chris Vernon Gateways Newsletter -- Gateways Newsletter

Students and practitioners love this book! It is one of our perennially most popular titles.

Definitely a great book for the new or experienced acupuncturist. The author is very experienced and been practicing in the us for a long time, so all the techniques and examples fit to the civil life in the states. So many people are and is going to be struggling with psychiatric problem in the 21st century. It is said to be the greater challenge for the medical field out weighting cancer. The late Ms. Lee gave very detailed treatment plan including the hand movement. One just need some practice can master the technique. I am very glad to be traduced to the book and read it.

After having this book for more than four months and reading it more than three time, I've decided to write my review. I've been studying TCM for three years and have been helping my teacher with her patients for over a year now. I have to agree with many of the reviews saying that this book is very helpful for the beginning acupuncturist. The stories are great and the explanations go right to the point. It's not that she says anything new (if you study TCM), but the way she explains it proves that she truly understood the DAO (Nei King says that when you fully understand the concept of yin and yang you truly understand TCM). Although it's a great book, I don't agree with the fact the she uses basically the same treatment for many different ailments. I do understand that she came up with this treatment since she had way to many people to treat, but it does defeat the purpose of doing the anamnesis (patient's medical history) to come up with an ideal treatment. When I work with my teacher we work with appointments, ensuring that we give every patient enough time to really understand the origin of their imbalance. In no way am I saying this book is not good or that her five point treatment is wrong. It worked for her quite well and I do agree it is a good treatment since it works completely on the Wu Xing and provides a good balance treatment to be followed by a more specific treatment according to the patient's history. Don't hesitate in buying this book it will become a valuable addition to your library. BTW the front and back cover curl up! I thought it was only my book but I read another review commenting the same.

As a fourth year Postgraduate student in Chinese Medicine I found this to be an excellent addition to

my reference library. Well written in very easy to read. If there had been 10 stars this book would have got them.

This is okay but really doesn't meet my expectations for an author who wants to transmit her deepest insights to another. The case examples are mostly simplistic and I feel that many treatments can work for the same issues, so not blown over by her recommendations. I do give credit and respect to the author, however, who is one of the pioneers in this medicine in America and who is most likely a much better practitioner than author. I also do like the information about revival points and I will also apply some of her suggestions in my treatments.

Mrs Lee's Book is without a doubt the best one I have read on the subject. It is clear, concise, and makes the subject understandable to even the beginner. It is small compared to most on the subject and I believe that it what makes so great for the beginner. It will rank with the books I will keep by my bedside within easy reach. I can't say enough about except to say thank you Miriam Lee for making such a vast subject within the reach of a common practitioner. Grandmaster Daniel Black

I really like this book and I only just received it! Thank you . Everything is set out so clearly and to the point! The explanations are easily understood yet comprehensively explained. This book will be one that any therapist or student would find extremely useful. Miriam Lee is obviously a very astute writer and teacher and has excellent knowledge in her field of expertise.

This is a basic acupuncture book to start a practice or work in a community acupuncture business. It is an essential for community acupuncture. Her protocols make it simple.

A must read for all acupuncturists. Set against a background of Miriam's experiences as the person who brought acupuncture to the U.S, the book is really about how an acupuncture "formula" or combination can be used for many, many conditions by changes in how it is applied. This book is one that changed the way I understand acupuncture and I thank Miriam for sharing her knowledge in such a simple and powerful way.

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